

SAN DIEGO MEMORIAL SOCIETY

Phone: 858 391-1267
Fax: 858 391-1268

13446 Poway Rd. #207
Poway, CA 92064-4741

www.sdmsonline.com
barbara@sdmsonline.com

SPRING - SUMMER 2013 NEWSLETTER

2013 ANNUAL MEETING

The San Diego Memorial Society will hold its' 55th Annual Meeting on Saturday, April 13th, 2013 at 1 PM. The location will be the San Diego Education Association office located at 10393 San Diego Mission Road, Suite 200, San Diego, CA 92108. The Agenda will include the usual reports, election of Board Members and a vote on amendments to the SDMS Bylaws. The amendments were approved by the Board of Directors at the February meeting and are being submitted to the membership for ratification. The amendments are included in this publication.

There will also be two speakers. Faye Girsh, who is president of the World Federation of Right to Die Societies and the Hemlock Society of San Diego and is a retired psychologist, will discuss what choices are available to us to maintain our dignity and control at the end of life. Bill Stone, who is co-founder of Forget Me Not Foundation will present a brief background talk about the goals of the foundation and how interested people can get involved in his organization. There will be a question and answer period after each speaker.

DIRECTIONS...

EAST COUNTY:

Head west on I-8 W toward Exit 9, Take exit 8 for Fairmount Ave, Merge onto Alvarado Canyon Rd, Continue onto Camino Del Rio N, Turn right onto Ward Rd, Continue straight onto Rancho Mission Rd, Turn left onto San Diego Mission Rd.

NORTH COUNTY: I-5:

Head southeast on I-5 S toward I-805 S, Slight left onto I-805 S, Take exit 17B to merge onto I-8 E toward El Centro, Take exit 8 to merge onto I-15 N, Take exit 7A for Friars Rd E, Merge onto Friars Rd, Turn right onto Rancho Mission Rd, Take the 2nd right onto San Diego Mission Rd.

NORTH COUNTY I-15:

Head south on I-15 S toward Exit 11, Take exit 7 for Friars Rd toward Qualcomm Stadium, Turn left onto Friars Rd, Turn right onto Rancho Mission Rd, Take the 2nd right onto San Diego Mission Rd.

SOUTH SAN DIEGO:

Head north on CA-15 N toward Exit 5B, Continue onto I-15 N
Take exit 7A for Friars Rd E, Merge onto Friars Rd, Turn right onto Rancho Mission Rd, Take the 2nd right onto San Diego Mission Rd.

ADDRESS:

The San Diego Education Association Office
10393 San Diego Mission Road, Suite 200,
San Diego, CA 92108

YOUR BOARD OF DIRECTORS:

Timothy Jenkins – President
Victor Savino – Vice President
Caroline Flanders – Secretary
Frances San Clemente – Treasurer
Russ Armstead – Director
Barbara Thomson – Director
Elaine Durson – Director
Kenneth Fousel – Director
Maria Pino – Director
Stephen Ross – Director
Paul Ward - Director Emeritus
Cindy Wilson - Director
Philip Vinci - Director
Fredricka Tiumalu - Director



*A nonprofit, nonsectarian association
established in 1958.*

6/06

INSIDE THIS ISSUE

2013 Annual Meeting	1
DIRECTIONS...	1
President's Report	2
REMINDER: At the time of Death...	2
SDMS Bylaws Amendments 2013	3
ANOTHER BIG THANK YOU!	3
INFORMATION ON SCIENCE CARE, founded in 2000	4
CEMETERY PLANS FOR MEMBERS OF SAN DIEGO MEMORIAL SOCIETY	5
San Diego Memorial Society Participating Mortuaries and Plans Offered	6
CHANGES IN PARTICIPATING MORTUARY LIST	7
FUTURE NEWSLETTER'S AND CORRESPONDENCE VIA E-MAIL	7

PRESIDENT'S REPORT

The April annual meeting of our Society is rapidly approaching. There are several aspects of this year's meeting that are very important to all members. On behalf of the Board of Directors I urge you to put this meeting on your calendar. I know that meetings are not a happy prospect for many of you, but important decisions have to be made and everyone's input is valuable and necessary.

To entice you to attend we have two important speakers that have valuable messages for all the society members. The Board of Directors believes that you will enjoy and be educated by these speakers.

There is also some very important Society business that can only be dealt with at our annual meeting. Only the membership can elect board members and change the governance documents. In order for the Board of Directors to conduct the society business they first must be elected or reelected. Your vote is very important. Your support of the board is also very important. Board members give freely of their time to represent you. Please show your support by attending the meeting and being part of the election process. The board has passed a motion to recommend to the membership changes in our governance documents. Only the members, at our annual meeting, can make the final decision on the proposed changes. The members will consider, accept, reject or amend the board's recommendations. Only the members have the authority to elect our board and to change our governance documents.

On behalf of the Board of Directors of the San Diego Memorial Society I urge you to attend our annual meeting.

We have been able to keep our lifetime dues to a minimal amount in part because we continue to attract new members who recognize a good deal when they see one. We have also been successful over the years to be the recipient of generous gifts from many of our members that understand that the work we do is valuable to our community. Please keep us in mind if you are in a position to contribute to your society's financial needs.

Just say thank you!

RUSS ARMSTEAD IS LEAVING OUR BOARD OF DIRECTORS AFTER SUCCESSFULLY LEADING OUR SOCIETY FOR MANY YEARS. I COULD GO ON AND ON ABOUT ALL THE GREAT THINGS RUSS HAS DONE TO REPRESENT OUR SAN DIEGO MEMORIAL SOCIETY, BUT I THINK I WILL KEEP IT SIMPLE, AS I BELIEVE THAT IS WHAT RUSS WOULD PREFER. SO I ASK THE MEMBERS TO JOIN ME AND SAY TO RUSS, THANK YOU!

Tim Jenkins
President, San Diego Memorial Society

REMINDER: At the time of Death...

At the time of death the mortuary you chose is to be called to pick up the deceased, not the San Diego Memorial Society. It is extremely important you have given instructions to your family as to which mortuary is to be called or have advised them where your Final Planning Booklet is so they can know who to call. We do not pick up bodies.

SDMS Bylaws Amendments 2013

ARTICLE V – TERMS OF OFFICE FOR BOARD MEMBERS AND OFFICERS

Section I Board members shall be elected for a term of three years. The Board of Directors shall design and maintain a system that identifies all Board members by a numbered board seat, one (1) through fifteen (15). One-third of the Board will be elected each year at the Annual Meeting of the Society for a three year term. No member may serve more than two consecutive terms.

Section 2 Officers shall serve for a term of one year and until their successors are elected by the Board.

Section 3 The President shall cause lists of nominees for vacancies on the Board to be mailed to each voting member of the Society at least 15 days before the election date at the Annual Meeting of the Society.

Section 4 Any vacancies on the Board may be filled by the Board until the next Annual Meeting.

Section 5 Resignation, Termination and Absences. Resignation from the Board must be in writing and received by the Secretary. ~~A Board member shall/may be dropped for excess~~ absences from the Board. ~~if he or she has three unexcused absences from Board meetings in a twelve-month period~~ A Board member may **only** be removed **from the board** by a three-fourth vote of the remaining directors **for excess absences or other reasons consistent with these bylaws and not in violation of state or federal law.**

Section 6 The Board of Directors, by a majority vote, in recognition of exemplary service to the Society, may elect a Society member to the Board in an “Emeritus Board Member” status. The position will be a nonvoting lifetime office.

Section 7. Employees of the San Diego Memorial Society may not serve as a member of the Society’s Board of Directors.

NOTE: Words in italics are the changes!

ANOTHER BIG THANK YOU

Thanks to all of you who donated once again. Because of you we were able to take part in the UT Successful Aging Expo which was attended by over 15,000 people (including a number of our members) and is bringing in a considerable number of new members plus we are able to put out this newsletter and keep our Society up and running for a while longer. Without your generous donations some of this would not have been possible.

When you remember that our Society is kept in operation only by your one time lifetime membership fee of \$40 and the donations we get from our wonderful members during the year, we have done a fantastic job of keeping the Society in operation for 55 years. There are many organizations like ours throughout both California and the other 49 states that have not been so lucky. Many of them have been forced to close during the downturn in the economy. I can’t thank you all enough for keeping that from happening to the San Diego Memorial Society. Keep up the good work and keep sending us new members.

INFORMATION ON SCIENCE CARE, founded in 2000

This is another option our members should know about. Most of you are aware of the UC San Diego Body Donation Program. This is another option. The primary difference in the two programs is Science Care is Tissue Research. You are still donating your body to science. The Science Care donation program links donors with those in the medical community who devote their time to developing new, innovative techniques, devices and treatments to advance and improve the quality of healthcare. Your precious gift is more important than ever. It can light the way for medical breakthroughs and illuminate the true generosity of the human spirit. Through whole body donation, you can help save lives, advance medical research and education and improve the quality of life. Just a few of the medical and scientific areas in which Science Care donors have made important contributions are: Heart disease research, Diabetes research advancement, Cancer research, Anatomy training at medical schools, Cochlear implant development, Spinal injury treatments, Knee and hip replacement, Paramedic training, Colon and liver treatments, Lifesaving reconstructive surgery.

Many people match the criteria for donation, including those with illnesses like cancer, heart disease, arthritis and diabetes. There is no upper age limit, but you must be 18 to become a donor. As a hospice patient, Science Care will pre-register you and take care of your medical screening prior to passing.

You can still donate your organs for transplant in most cases. Organ donation for transplant always takes priority and happens first, and whole body donation through Science Care would be the second step. Be sure to inform your family of your wish to do both.

There is no cost to you or the family. All costs are covered, including cremation, transportation and return of the cremains to your family or the location of their choosing.

Your cremated remains will be returned to your family in approximately 3-5 weeks. One copy of the death certificate will be supplied.

One month after donation, your family will receive a letter updating them on current research projects and the life-changing impact your gift has made for so many others.

Science Care and the Arbor Day Foundation have launched a special partnership. Through the Science Care Memory in Nature program, a tree will be planted in honor of every donor upon the one-year anniversary of donation. The donor's family will receive a certificate commemorating the tree planting. Trees are planted in National Forests throughout the country, helping to preserve public land and provide food and habitat for wildlife.

For more information you can call Science Care at 800-417-3747 or visit them at www.sciencecare.com NOTE: IT IS VERY IMPORTANT TO BELONG TO SDMS IN THE EVENT YOUR BODY IS NOT ACCEPTED BY SCIENCE CARE OR UCSD.

CEMETERY PLANS FOR MEMBERS OF SAN DIEGO MEMORIAL SOCIETY

With: La Vista Memorial Park and Mausoleum

3191 Orange St., National City, CA 91950

Phone: 619-475-7770 Fax: 619-479-3272

www.lavistamemorialpark.com

Plan 1: Burial Vista Knoll Garden (one person)

(two persons)

Double Depth

Total cost: Pre-Need **\$3930** At-Need **\$4930**

Pre-Need \$5930

which includes the following:

Gravesite

Opening & Closing (for one only)

Vault + Installation (for one only)

(for two - double depth)

Endowment Care

Processing Fee

Plan 2: Eternal Peace Mausoleum (one person)

(two persons)

A Level Bay#4

A Level side by side

Total Cost: Pre-Need **\$4995** At-Need **\$5135**

Pre-Need \$6995

which includes the following:

Crypt

Opening & Closing (for one only)

Endowment Care

Processing Fee

Plan 3: Eternal Peace Niche for Cremains (one person)

(two persons)*

A Level Bay #3

Total Cost: Pre-Need **\$2685** At-Need **\$3585**

Pre-Need \$3685

which includes the following:

Niche

*companion w/copper urn

Opening & Closing (for one only)

Endowment Care

Processing Fee

Note: The above prices do not include sales tax, overtime fees, weekend fees, DCA Fee (\$8.50 for Dept. of Consumer Affairs), Memorials or installation of Memorials. Other fees may be applicable if families decide to purchase additional items not included in above pricing.

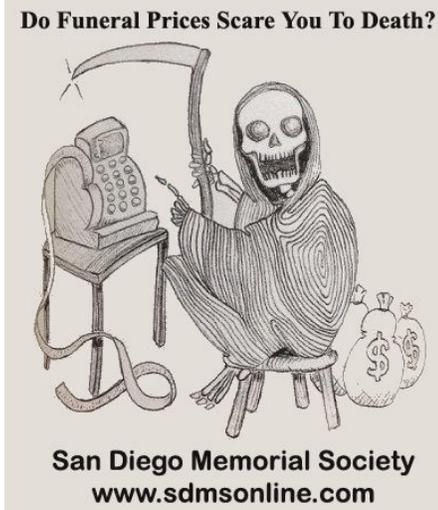
San Diego Memorial Society Participating Mortuaries and Plans Offered

Participating Mortuary	Contact Person	Plans Offered					
		1	2	3	4	5	6
California Cremation & Burial Chapel 5880 El Cajon Blvd., San Diego, CA 92115 Phone: 619-234-3272 Website: CaliforniaCremation.com Email: californiaburial@sbcglobal.net	Martin Mitchell Fax: 286-2674	\$575	\$620	\$825	\$1,650	\$1,824	\$975
California Cremation & Burial Chapel 2200 Highland Ave., National City, CA 91950 Phone: 619-229-2747 Website: www.CaliforniaCremation.com Email: californiaburial@sbcglobal.net	Martin Mitchell Fax: 619-229-2750	1	2	3	4	5	6
California Funeral Alternatives 1020 E Pennsylvania Ave., Escondido, CA 92025 Phone: 760-737-2890 Website: www.cafunalt.com	Richard Jungas Fax: 760-737-2892 Email: office@cafunalt.com	\$895	\$970	\$1,595	\$2,895	\$2,895	\$1,095
California Funeral Alternatives 14168 Poway Rd., Ste. 106, Poway, CA 92064 Phone: 858-842-3000 Website: www.cafunalt.com	Marsha Jungas Fax: 858--842-3004 E-mail: office@cafunalt.com	1	2	3	4	5	6
Community Mortuary 855 Broadway, Chula Vista, CA 91911 Phone: 619-426-2006 Website: www.communitymortuary.com	Robert or Dolores Fax: 619-426-3616 Email: info@communitymortuary.com	1	2	3	4	5	6
Legacy Funeral & Cremation Care 7043 University Ave., La Mesa, CA 91941 Phone: 619-337-1400 Website: www.legacyfuneralcare.com	Vic or Nadine Savino Fax: 619-337-1406 Email: Legacy.Vic@gmail.com	\$695	\$750	\$750	\$1,750	\$1,850	\$895
Oceanside Mortuary 602 South Coast Highway, Oceanside, CA 92054 Phone: 760-722-4264 Website: www.oceansidemortuary.com	Danielle Kennelly Fax: 760-722-2953 Email: dkennelly@oceansidemortuary.com	\$655	\$695	\$945	\$2,245	\$2,195	\$1,050
Village Cremation Service, Inc. 303 F Street, Chula Vista, CA 91910 Phone: 619-422-7900 Website: www.villagecremations.com	Randy Bellamy Email: randy.bellamy@villagecremations.com	1	2	3	4	5	6
Williams San Diego Memorial Chapel 2441 University Ave., San Diego, CA 92104 Phone: 619-692-3090 Website: www.sdmemorialchapel.com	Christopher Shields Fax: 619-692-0896 Email: info@sdmemorialchapel.com	\$595	\$695	\$1,095	\$2,395	\$2,760	\$775

Note: The above services and pricing are available only to members of the San Diego Memorial Society who will be using them. You must have a membership number as proof of your membership in the San Diego Memorial Society. If there has been a death or death is imminent and the person needing the service is not a member, call 858-391-1267 and everything can be handled by telephone to take care of the emergency.

SAN DIEGO MEMORIAL SOCIETY
13446 Poway Rd. #207
Poway, CA 92064-4741

PRSRT STD
US POSTAGE
PAID
San Diego, CA
Permit No. 82



RETURN SERVICE REQUESTED

CHANGES IN PARTICIPATING MORTUARY LIST

Please be sure to check and save the included Participating Mortuary list. These mortuaries are under contract thru 2013. We lost 3 of our mortuaries at the end of 2012 due to their sale to a large corporation who would no longer offer our Society member's discounted prices. We hope to add a few more mortuaries during the year. You can always find the current list on our website. It is updated immediately if any change occurs.

HUMPHREY MORTURY continues to serve our members who are signed with them with excellent service. There is no need to change if you filed your Service Instruction Booklets with them as required. They have not allowed any new member since 2008.

FUTURE NEWSLETTER'S AND CORRESPONDENCE VIA E-MAIL

If you are interested in receiving your newsletter or any correspondence from your Society via e-mail and you have not already notified us, send us an e-mail giving permission to start corresponding with you on occasion by e-mail. Be sure and include your name, address and email address on any correspondence to barbara@sdmsonline.com. If you choose this method you will no longer receive your newsletter or any correspondence from us via U.S. Mail. This saves the Society money on printing, addressing and postage. Also be sure to send us any change of e-mail address or mailing address so we can keep our records current.

NOTE: If you no longer wish to receive the newsletter, please notify the office...

DONATIONS ALWAYS NEEDED AND GREATLY APPRECIATED!